Sport

In Sports & Outdoors

Campus: Dearne Valley College
Code: D14SP08
Level: 2

About This Course

The Level 2 NCFE
Sport & Outdoors course is ideal for students who enjoy physical activity, the outdoors, and working as part of a team. It provides a solid introduction to both the sport and outdoor adventure industries, helping you build confidence, practical skills, and an understanding of how to plan, lead, and participate in sporting and outdoor activities.

This
course is perfect preparation for progression to Level 3 study or starting a career in sport, fitness, or the outdoor sector.

What Will I Study?

You'll take part in a range of theory and practical units designed to develop your knowledge, fitness, and leadership skills, inlcuding:

- Participating in sport and outdoor activities
- Health, fitness and lifestyle
- Planning and leading sports sessions
- Working in sport and the outdoors
- Personal and team development

- Outdoor and adventurous activities such as climbing, navigation, and water sports

You'll also take part in off-site trips, outdoor expeditions, and work-related projects to gain real-world experience.

Why Study Here?

- Learn from experienced tutors with backgrounds in sport, fitness, and outfoor education
- Regular practical sessions and outdoor expeditions
- Access to excellent sports and facilities
- Opportunities for work experience and volunteering
- Supportive environment to help you develop confidence and employability skills

Entry Requirements

3 GCSEs at grade 3 (D) or above, including English or PE,
or a suitable Entry Level or Level 1 qualification in a related subject.

A positive attitude and enthusiasm for practical sport and outdoor activities.

Willingness to take part in outdoor learning, including expeditions and team challenges.

How To Apply

Apply online through the Dearne Valley College website

What Courses Can I Progress Onto?

Level 3 Sport or Level 3 Uniformed Protective Services

Level 3 Outdoor Adventure or Public Services pathways

Apprenticeships in the sport, fitness, or outdoor industries

Tuition Fees

Free
for 16-18-year-olds

PLEASE NOTE

We make every effort to ensure information within our online course directory is accurate and a true representation of the courses we are offering in 2027-28 However, we do reserve the right to make changes if necessary.

Last updated: 7th November 2026