Sport

Certificate in Sport

Campus: North Notts College - Worksop Campus
Code: W14SP12
Level: 2

About This Course

The Level 2 Certificate in Sport is designed for students who wish to deepen their understanding of the sports industry and advance their skills in physical activity and fitness. This qualification is ideal for learners who have completed a Level 1 course or possess some foundational knowledge of sport and fitness. The program combines theoretical knowledge with practical experience to prepare learners for progression into Level 3 qualifications or entry-level roles in the sports sector.

What Will I Study?

Learners will cover key areas such as:
Fitness for sport and exercise
Practical sports performance
Anatomy and physiology for sports performance
Developing personal fitness programs
Health and safety in sport
Leading sports activities

Why Study Here?

Experienced Tutors: Learn from highly skilled tutors with extensive backgrounds in the sports industry.
State-of-the-Art Facilities: Utilize modern sports equipment and facilities to enhance your practical learning experience.
Work Placement Opportunities: Gain hands-on experience with local

sports organizations and clubs.
Progression Focus: This course is a stepping stone to Level 3 qualifications in Sports Coaching, Sports Science, or Working in Sport.
Skill Development: Enhance your leadership, teamwork, and communication skills, which are essential for a career in sports.

Entry Requirements

Successful completion of a Level 1 qualification or equivalent
A strong interest in sport and physical activity
Positive attitude towards learning and teamwork
An interview with a Course Tutor

How To Apply

You can apply using our online application form and clicking the **Apply Now** button at the top of this page.

For more information support with your enquiry or application please contact Student Services by emailing contact@nnc.ac.uk or by calling **01909 504500**.

Tuition Fees

- 16-18 year olds do not need to pay course fees.
- Those aged 19 or over may not need to pay fees depending on their circumstances. Find out if you qualify for help with your fees. [https://www.nnc.ac.uk/information/student-support/finance/course-fees/]

If you need further advice or guidance please contact the Enquiries Team on **01909 504500.**

Additional Information

- A notepad and pen for theory sessions
- A willingness to engage in group and independent activities
- Basic sportswear for practical sessions

PLEASE NOTE

We make every effort to ensure information within our online course directory is accurate and a true representation of the courses we are offering in 2027-28. However, we do reserve the right to make changes if necessary.

Last updated: 7th November 2026