Health and Social Care

Certificate in Mental Health Awareness

Campus: Dearne Valley College
Code: D08SA02
Level: 2

About This Course

This
qualification aims to raise awareness of mental health and a range of mental health conditions. It is designed to increase your understanding of mental health, the causes of mental ill-health, and how to effectively support individuals experiencing these challenges.

What Will I Study?

You will successfully complete 10
mandatory units. Topics of study include:

- Understanding what is meant by
  mental health and mental ill-health.

- Understanding stress, anxiety,
  phobias, and depression.

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Understanding conditions such as bipolar disorder, schizophrenia, and dementia.

- The impact of mental health conditions on individuals, their families, and society.

Why Study Here?

You will benefit from a flexible, part-time hybrid learning approach that allows you to balance your studies with other commitments while gaining a nationally recognised NCFE CACHE qualification.

Entry Requirements

You must be aged 16 or over to undertake this qualification. There are no specific prior qualifications required, although it is beneficial if you have previously achieved a Level 1 qualification in a health, social care, or mental health-related area.

How To Apply

Apply online through the Dearne Valley College website

What Courses Can I Progress Onto?

- Level 2 and 3

Certificate in Preparing to Work in Adult Social Care

- Level 3
  Certificate in the Principles of End of Life
  Care

- Level
  3 Certificate in Understanding Mental Health

Tuition Fees

This
course is often fully funded for eligible adult learners (subject to AEB funding
criteria).

Additional Information

This qualification is designed for any learner (aged 16+) who wants to raise their awareness of mental health and the problems that can cause mental ill-health. It is ideal for those looking to progress into health and social care roles, those wanting to develop their understanding for their current job, or individuals looking to support others in their community.

PLEASE NOTE

We make every effort to ensure information within our online course directory is accurate and a true representation of the courses we are offering in 2026-27. However, we do reserve the right to make changes if necessary.

Last updated: 7th November 2026