

Sport

T Level in Sport and Health Therapy

Campus: North Notts College - Worksop Campus

Code: W14TP01

Level: 3

About This Course

This T Level is a career focused programme for learners who want to work in physiotherapy, healthcare, alongside additional occupational therapy teams. It combines academic study with real clinical experience so learners develop the knowledge, skills, and professional behaviours required to work in hospitals, private clinics, and healthcare services.

What Will I Study?

Learners study principles of healthcare and patient care, anatomy and physiology, infection prevention and control, safeguarding, and person centred care. They also learn clinical and medical procedures used in adult healthcare settings. A major part of the programme is work placement in hospitals, private clinics, and healthcare environments where learners apply their learning in real situations

Entry Requirements

Learners need a minimum of five GCSEs at grade 4 or above including English, Maths, and Science.

How To Apply

You can apply by using our online application form and clicking the Apply button at the top of this page. For more information or support, please contact Student Services by emailing contact@nnc.ac.uk or by calling 01909 504500

What Courses Can I Progress Onto?

This T Level supports progression to nursing and healthcare degrees, higher apprenticeships in adult nursing or healthcare, and specialist routes

such as paramedicine, midwifery, and physiotherapy

Additional Information

Learners gain real work experience in the NHS, private healthcare, and social care settings. The course focuses on developing the technical and professional skills required to work safely and effectively in modern healthcare environments.

Last updated: 16th February 2026