



## European Project Management

fmts  
experience



## FMTS Experience is a company belonging to FMTS Group, leader in the European Project Management sector.

For the last few years, we have been focusing our activities on the Erasmus+ Programme and the opportunities it offers to promote the Mobility of Individuals. We have implemented a complex system that allows us to plan and manage activities related to transnational mobility projects, but also to monitor, promote, evaluate and follow-up the learning process abroad, ensuring that each initiative reaches a high impact at local, European and international level. FMTS group is also supporting the European Commission in the implementation of Pilot initiatives related to Mobility of Apprentices and to the

creation of a VET Mobility Scheme for Africa. Erasmus+ is the EU's Programme that supports Education, Training, Youth and Sport in Europe for a 7-year period (2021-2027). The aim of Erasmus+ is to contribute to the European policies for growth, jobs, social equity and inclusion, as well as to integrate EU's strategic framework for Education and Training. Under the Erasmus+ Programme, the core of our activities is the development of Erasmus accreditation in the fields of vocational education and training, and school education; Strategic Partnership for School Exchanges.









Here at FMTS Experience, we specialise in connecting educational, not for profit and commercial organisations with EU funds for educational, vocational and training purposes with particular specialisation of the Erasmus Plus Programme.

As for transnational mobility we are specialised in Outgoing and Incoming European Mobility Projects and related services. We send and host students, school staff, trainees and apprentices coming from all around Europe for internships from 2 weeks up to 6 months. The Mobility projects are comprised of organizations and schools from diverse and thriving sectors, such as: tourism, hospitality, agribusiness, textile and clothing, marketing and communication, ICT, mechanics and robotics, automotive and aerospace, green economy and social innovation. We arrange professional training courses for young people and adults looking to acquire new abilities and competencies for better integration in to the labour market; our expert mentors will orientate you and guide you through the process. Our unique feature is the use of a non-formal education system (NFE) which is characterised by intense cultural exchanges and creative activities with the main purpose of helping the participants successfully integrate themselves in the country and city of destination.

## PROJECTS FOR HIGHER EDUCATION AND SCHOOL SECTOR

Higher Education Students    Recent Graduates  
School teaching and non-teaching staff  
Professionals of Education Sector

## BENEFICIARIES

## VET

## VOCATIONAL EDUCATION AND TRAINING

VET learners and Recent Graduates    Apprentices  
Professionals and Representatives of VET sector  
Representatives of organizations  
active in the labour market  
VET teachers, trainers and staff  
Professionals of IVET and  
CVET sectors



FMTS Experience has been working for many years in the learning/training sector, professional orientation, personal research and selection, internships, needs analysis, skills assessments as well as supply and demand matching. FMTS Experience is involved in both Outgoing and Incoming mobility projects in Germany, Portugal, Finland, Sweden and Netherlands.

For the Outgoing Mobility projects, we help organisations and schools to participate in fully funded exchange programmes for education and training purposes.

For the Incoming Mobility Projects from other European countries, FMTS Experience as the host organisation, receives the trainees for the placement activities, strictly adhering to the principles laid down by the European Quality Charter for Mobility and supports public and private bodies in activities related to:



Project Identification



Project/Bid writing



End to end project management

Once the projects are approved, we support organisations and schools in matters regarding to:



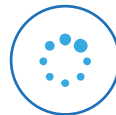
Logistical planning



Intercultural activities for a more enjoyable experience in the hosting country



Accommodation



Tutoring and for the entire mobility period



Matching with host companies or schools, in line with the learning/training outcomes



Definition of individual training agreements



Definition of individual training agreements



Project closure and dissemination of the results or achievements

## Our partners

For us everything revolves around you, so we make sure to select the best accommodations for your stay in Germany, Portugal, Finland and Sweden.

You can build your own unique experience by choosing among our high – standard, comfortable and qualified accommodations suitable to satisfy every need.





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LET US INTRODUCE YOU  
OUR SELECTED PARTNERS IN  
**GERMANY**

We have selected the lovely cute places to host you during your internship experience in the best city of all. Feel the city's spirit and join us in this adventure. Choose among our wide range of apartments!

We work with the best providers in the city!

Erasmus + long-term VET participants will be accommodated in single, double and triple rooms.

The accommodation are equipped with all the comforts:

 Free WiFi
  Heating
  Washing machine and dryer
  Fully equipped kitchen

## Fischerinsel, 5 Hedi Alibi



This lovely apartment is designed for 4 people. The apartment is made up of a living area and a fully equipped kitchen, one bedroom with two bunk beds and one bathroom. The apartments are furnished with sheets and towels, iron, TV and hair dryer and wi-fi.

## Schlegel Str, 31 Hedi Alibi



The apartment is designed for 6 people. The apartment is structured as follows: one living area and a fully equipped kitchen, 2 bedrooms with 1 bunk bed and a single bed each, one bathroom. The apartment is furnished with sheets and towels, iron, TV, hair dryer and wi-fi.

Both apartments are located in Berlin Mitte, the first and most central borough of Berlin.

Mitte is more than just the centre and heart of the city. It is also the cradle where Berlin was born, growing from a small settlement founded along the River Spree in the thirteenth century. Mitte has always cultivated its own distinctive character. Not only does it embody Berlin as an open world city more than any other borough, but it also impressively reflects the city's chequered history.



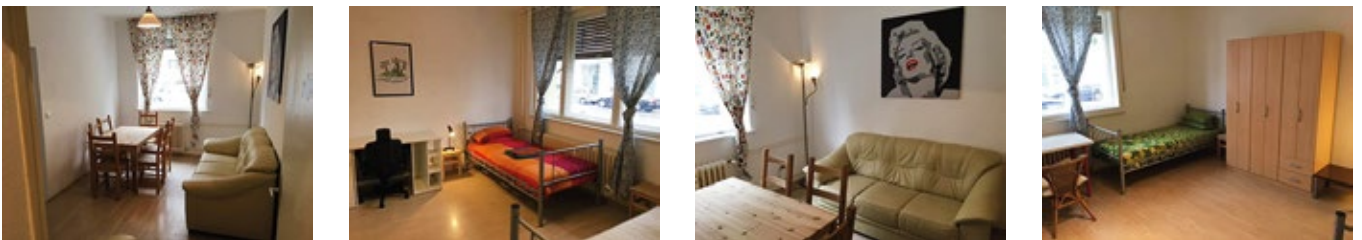
### Hosemann str, 34 Vanessa Di Stora



This lovely apartment is designed for 4 people. The apartment is made up of a living area and a fully equipped kitchen, one bedroom with two bunk beds and one bathroom. The apartments are furnished with sheets and towels, iron, TV and hair dryer and wi-fi.

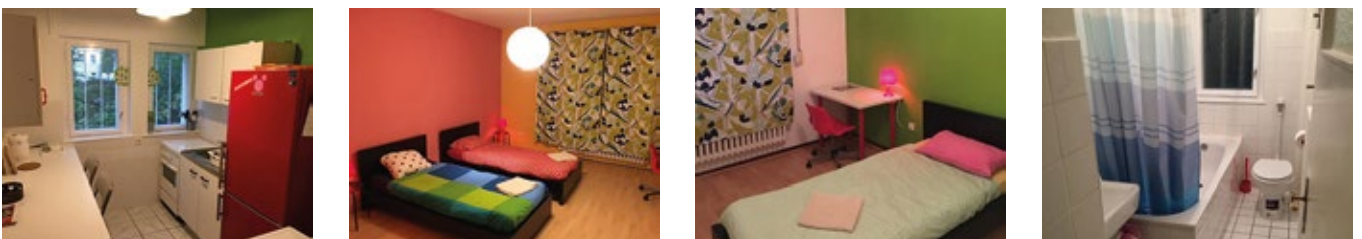
It is located in the district of Prenzlauer Berg that has many parks and playgrounds, the most well known perhaps, being Mauerpark, which every Sunday plays host to an amazing flea market. There is a great food market on Kollwitzplatz where you can get some great local produce including cheese, honey, fish and meats as well as seasonal fruit and vegetables.

### Fleming str, 6 Globtrain



This apartment is designed for 6 people. It is made up of 3 bedrooms (1 single, 1 double and one triple), a lovely living area and a fully equipped kitchen, 1 bedroom with 2 single beds, one bathroom. Moreover, it is furnished with sheets and towels, iron, hair dryer, TV and wi-fi.

### Buessel str. 12 Globtrain



The apartment is designed for 4 people. The apartment is made up of two single rooms and one double room, a living area and a fully equipped kitchen, one bathroom. It is furnished with sheets and towels, iron and hairdryer, TV and wi-fi. This last two apartments are both in Moabit, an interesting district, with a mixture of immigrants, students and families living side by side. Along the river Spree, there are many interesting cafes and restaurants, along with the new government quarter, where the apartments are a bit grander. At the other end of the district is Turmstraße, Moabit's main street. A largely Turkish and Arabic area, it's brimming with kebab shops and fresh food markets. Moabit is quite well connected, with good U-Bahn connections to Schöneberg and Charlottenburg as well as the Ring-Bahn which circles the city and a number of express bus services into Berlin Mitte.

### Goeten str. 43 Globtrain

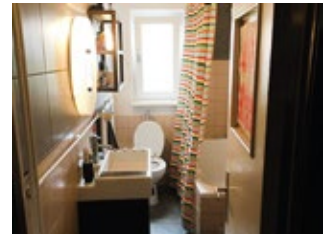


This apartment is made up of 2 double bedrooms, 1 bedroom with 2 single beds, a living area and a fully equipped kitchen, one bathroom. It is furnished with sheets and towels, iron, hairdryer, TV and wi-fi.

It is in Tempelhof-Schöneberg, the seventh borough of Berlin, formed in 2001 by merging the former boroughs of Tempelhof and Schöneberg.

Locals and visitors gather to enjoy the vast spaces of this inner city park. Once this was the site of the airport where the Candy Bombers landed during the Berlin blockade and cheering crowds greeted John F. Kennedy and the Beatles. Today, the former apron and runways attract skateboarders, kite land boarders and cyclists, as well as kite flyers, mini-golfers and juggers. This spreading green urban space, comparable in size to New York's Central Park, includes around six acres reserved for picnics and barbecues – so there's plenty of room for your BBQ as well!

### Wollank str. 71 Globtrain

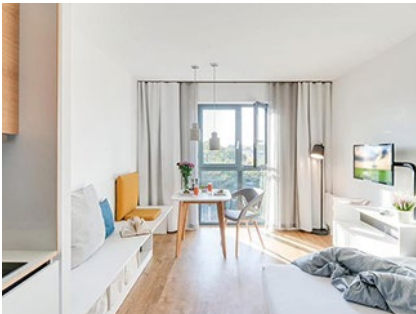


The apartment is designed for 4 people. It is made up of two double bedrooms, a living area and a fully equipped kitchen, one bathroom. It is furnished with sheets and towels, iron and hairdryer, TV and wi-fi.

This apartment is in Wedding is a multicultural, mostly young and hype neighbourhood which belongs to the larger district of Mitte and has retained a real Berlin feel to itself. The atmosphere in Wedding is different from the rest of the more posh and trendier areas of the larger Mitte district. Wedding used to be a blue collar, lower middle class, industrial neighbourhood and since the sixties it is also home to a large number of Turkish immigrants. Wedding was always known as a dormitory neighbourhood for lower income families but because of the progressive gentrification other Berlin districts, and increase in rental prices, it also appeals now to a larger number of young artists and student population which used to previously live in Prenzlauer Berg, Kreuzberg or Neukölln.

## SMARTments business BERLIN KARLSHORST – Serviced Apartments

Treskowallee 115, 10318 Berlin



The SMARTments Studios are nice studios, made up of a living aerea, a sleeping area and a fully equipped kitchenette. The apartment is furnished with all of the comforts, with a flatscreen-TV, dishwasher, microwave oven, washing machines etc. The district, located in the southeast of Berlin, is well connected to the city centre by public transport. Students will be accommodated in double rooms, while accompanying teachers will be accommodated in single rooms.

### COMFORTS

En- suite bathroom Hairdryer Flat-screen TV Kitchen WiFi connection

### BREAKFAST INCLUDED

coffee and croissant

Smartments Serviced Apartments are in the district of Karlhorst which is known for its fascinating architecture, plentiful green spaces, and storied past, Berlin district Karlshorst is a peaceful residential district dating back to 1895. During the Cold War, Karlshorst was home to numerous embassies and diplomats. Nowadays it's an especially desirable place to live, thanks to the high quality of life, below-average housing prices, and easy access to the city center. Residents are mostly middle-class, own rather than rent their homes, and range from retirees to students to an increasing number of young families. The architecture is a combination of stately villas, historic apartment buildings, and modern single-family homes.



You can choose from a wide range of restaurants for your stay.

We have at our heart your level of satisfaction and that is why we have kept in mind your tastes. Enjoy your meal in one of our selected restaurants. We have some suggestions for you directly from the chefs.

## Italienisches Restaurant Quattro Fratelli Rheinsteinststraße 1, 10318 Berlin



Quattro Fratelli, Four Brothers, are the four founders of this restaurant. Their enthusiasm for Italian cuisine is thus reflected in their culinary offer, to which they cordially invite you. With their passion and professionalism, they would like to inspire you and show you the beauty of Mediterranean cuisine.

## Ristorante Al Dente Ehrlichstraße 30, 10318 Berlin



The desire to create something with a strong Italian flavor is the basis of Al Dente's philosophy. The proposals on the menu arise from the research of Italian products, always inspired by seasonality and freshness. Homemade paste and yeasts according to ancient recipes, as well as desserts. The meat is strictly Italian and the fish of excellent quality.



Education is the passport for the future for tomorrow  
belongs to those who prepare for it today!

**MALCOLM X**

Continuous learning is the process of learning new skills and knowledge on an on-going basis. That is why we offer very specialized and tailor - made structured courses suitable for your professional growth. Here you find a brief preview of the lesson plans created by our partners.

### THE NEW SCHOOL - Language School Berlin (DIE NEUE SCHULE - Sprachschule Berlin)

Gieselerstraße 30A, 10713 Berlin



The intensive courses provided by The New School will give you with the opportunity to learn the German language from the ground up and to enhance your language skills in the areas that are most important to you. All the courses provide a relaxed learning environment with experienced teachers who will guide you through the very first steps. These courses focus on the most important aspects of the German language – that is, from vocabulary and grammar to social and cultural studies, based on your language level of reference. The course includes 30 hours of frontal lessons and activities.

In The New School **Intensive Course**, you will be placed in a small group consisting on average of eight - with a maximum of twelve - other students. The four basic language skills of listening, reading, writing, and speaking will be the core focus of the intensive course, and the optimal combination of vocabulary enhancement and increased communicative skills will be an important priority.



The core of the Erasmus+ staff projects is that you are able to learn from foreign cultures and teachers. Job shadowing is a useful way to learn new and innovative methods of teaching through a continuous comparison you're your foreign colleagues. These are the schools which are enthusiastic to have you there by their sides.



## Ernst-Litfaß-Schule – Higher Vocational Institute

Cyclopstraße 1-5, 13437 Berlin



**Ernst-Litfaß-Schule** is an innovative school. A high technical and methodological level, a conscious learning culture and team orientation are key objectives in the classroom. Environmental protection and resource-conserving working methods shape everyday school life and are conveyed as part of knowledge.

The focus is on the qualification of their students for their future tasks in business and society. For this Ernst-Litfaß-Schule offer future-oriented and practice-oriented training.

Study fields:

- Digital design
- Media technology in printing and screen printing
- Packaging technology
- Media design and print production



We can count on a wide range of companies providing internships lasting from 2 to 6 months in different sectors, such as: Tourism, Hospitality, Food and wine sector, Agri – business, IT, Mechanics, Electronics, Chemistry, Administration Finance and Marketing, Fashion, Health and care sector, Associations and so on.

Our team of experts will find the most suitable traineeship for you in line with your professional profile.

FMTS Experience has more than 200 associated companies which are ready to host you for the best work experience you can have in Berlin.



**Crowne Plaza Berlin  
Potsdamer Platz**  
HOTELLERIE



**Futureled GmbH**  
IT, GRAPHIC  
<https://www.futureled.de>



**Ostermann  
Elektroanlagen  
GmbH**  
ELECTRONICS  
<https://elektroanlagen.com>



**Kilkenny Irish Pub**  
COCKTAIL BAR  
<https://www.kilkenny-pub.de/AVV>

**Salt Pearl**  
**Your Salt & Float Lounge**  
AESTHETIC

## TRANSFER



As soon as you land in Berlin we will be there to pick you up! Our tutor will welcome you at the airport and will accompany you to your chosen accommodation thanks to our very reliable range of transfer companies, both private and public:

### FROM-TO

### TRANSFERS' COMPANIES

Airport Berlin - City Center

NTT Berlin GmbH  
<https://www.ntt-berlin.de/>



Airport Berlin - City Center

TRANSFER-BERLIN-STADT  
<http://transfer-berlin-stadt.de/>



Once in Berlin you can't miss the following places and attractions!

### Brandenburg Gate

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Without a doubt, the Brandenburg Gate is Berlin's signature attraction. Built in 1791, it was just one of many old city gates around the city of Berlin which, at that time, was still a manageable size. The decorative Pariser Platz was laid at the foot of the gate and is now home to many of the city's important buildings, for example, the Hotel Adlon with its wealth of history and the Akademie der Künste (Academy of the Arts).

### Berlin Television Tower (Fernsehturm)

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The Berlin Television Tower, which is known to locals as the Fernsehturm, and is instantly recognisable from the distance, stands out of the skyline at 368m, making it the tallest building in Berlin. Built in the 1960s, visitors to the tower can enjoy a unique 360° panorama of the city.

### Gendarmenmarkt

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The Gendarmenmarkt is one of the most stunning squares in the city, located close to Friedrichstraße, Berlin's exclusive shopping street in the central Mitte district. Three of the most impressive examples of architecture in the capital city are to be found here: the Concert House designed by Schinkel and the German and French Cathedrals (the Deutscher Dom and the Französischer Dom).

### Berlin Cathedral

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The Berlin Cathedral (Berliner Dom) with its magnificent dome is a remarkable example of late 19th century architecture. Near the Cathedral are also the German Historical Museum and the Museum's Island. On the side of Berlin's boulevard "Unter den Linden" stands the Catholic

Once in Berlin you can't miss the following places and attractions!

### Charlottenburg Palace



The magnificent Charlottenburg Palace is located just out of the centre of the city. The beautiful palace hosts fine collections of china and paintings and is situated in the middle of a picturesque palace garden right next to the river Spree. If you don't fancy a walk in the park, you can feed your mind instead in the Charlottenburg museums located directly opposite.

### Museum Island



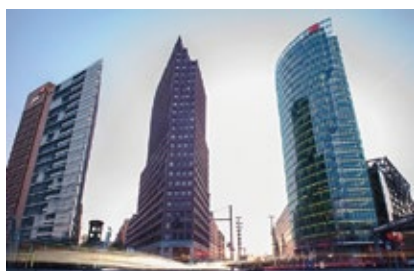
Berlin's Museum Island is one of the UNESCO world heritage sites and home to the city's most important exhibition centres: the Altes Museum (Old Museum), the Neues Museum (New Museum) the Bode Museum, the Pergamon Museum and the Alte Nationalgalerie (Old National Gallery). The collections in these buildings encompass over 6,000 years of art and cultural history.

### The Berlin Wall Memorial and Documentation Centre



The Gedenkstätte Berliner Mauer (Berlin Wall Memorial) is located between the districts of Wedding and Mitte on Bernauer Straße, consisting of the Memorial to the Victims of the Wall, a Documentation Centre and the Chapel of Reconciliation. The surviving section of the wall and watchtower enable visitors to get a real feel for the reality of the border facilities. Get to know more about the Berlin wall at the East Side Gallery.

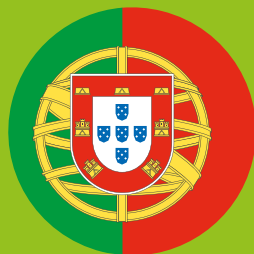
### Potsdamer Platz



Once the bustling heart of the city before the Second World War, then a no man's land from 1945 until the fall of the wall, the history of Potsdamer Platz has been eventful to say the least. It changed completely after the fall of the wall in 1989 and is now dominated by the presence of the Sony Center, skyscrapers and endless shops. What's more, Potsdamer Platz is the main place to be for stars and celebrities, and not only during film festivals.







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LET US INTRODUCE YOU  
OUR SELECTED PARTNERS IN  
**PORTUGAL**

We have selected the lovely cute places to host you during your internship experience in the best city of all. Feel the city's spirit and join us in this adventure. Choose among our wide range of apartments!

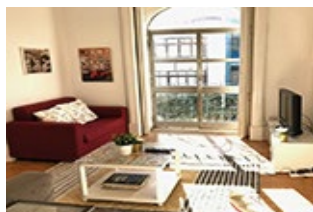
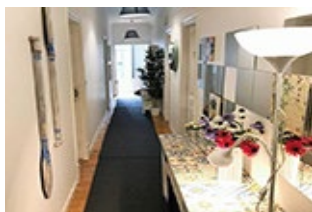
We work with the best providers in the city!

Erasmus + long-term VET participants will be accommodated in single, double and triple rooms.

The accommodation are equipped with all the comforts:

 Free WiFi 
  Heating 
  Washing machine and dryer 
  Fully equipped kitchen

## SPOT A HOME R. Goncalves Crespo 36, 1150-184 Lisbon



This spacious apartment is designed to host 10 people. You will be accommodated in one of the seven 7 bedrooms with the other participants. The apartment has a beautiful living area, a fully equipped kitchen, 2 bathrooms; TV and Wi-fi. Moreover the apartment is furnished with sheets and towels, washing machine, iron and hair dryer.

### What's nearby

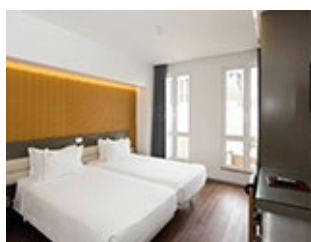
Marquis of Pombal Square - 11 min walk  
 El Corte Ingles Mall - 16 min walk  
 Martim Moniz Square - 19 min walk  
 Botanical Garden - 20 min walk  
 Gulbenkian Museum - 11 min drive

### Getting around

Rossio Station - 2 min drive  
 Picoas Station - 6 min walk  
 Lisbon  
 (LIS-Humberto Delgado) - 18 min drive

# HOTELS

## Hotel Alif Campo Pequeno Campo Pequeno, 51 - 1000-081 Lisbon



The Hotel is located in an excellent position in the city of Lisbon, close to the bullring in Campo Pequeno, and benefits from ease of access to public transport. Every room in the Hotel Alif has been elegantly designed to provide maximum comfort, privacy and relaxation during your stay.

**COMFORTS**
 En- suite bathroom 
  Hairdryer 
  Flat-screen TV 
  WiFi connection

We have arranged a special option for breakfast at Padaria Portuguesa, just 10 minutes walking from the hotel.

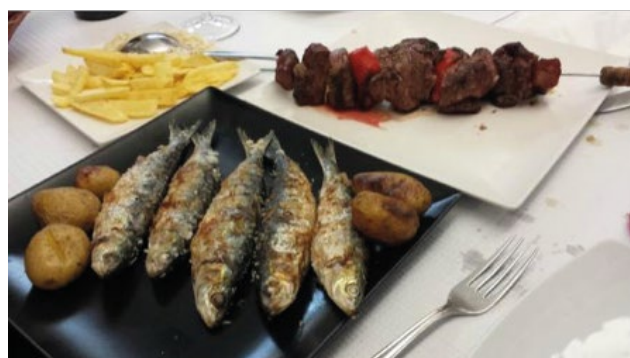




You can choose from a wide range of restaurants for your stay.

We have at our heart your level of satisfaction and that is why we have kept in mind your tastes. Enjoy your meal in one of our selected restaurants. We have some suggestions for you directly from the chefs.

## Verde Gaio R. Francisco Metrass 18, 1350-142 Lisbon



Verde Gaio Restaurant is located in a very lively area of the capital and is specialized in typical Portuguese cuisine, in particular, in the preparation of grilled meat and fish.

## A Padaria Portuguesa Av. João XXI 9, 1000-298 Lisboa



A Padaria Portuguesa has more than thirty kinds of bread and sweet and savoury pastries. They also have a menu for light meals, such as soups, sandwiches and salads.

Besides bread, pies and soup you can also go to A Padaria Portuguesa for a bica (coffee), tea, fresh orange juice or a soda.

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MALCOLM X

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### Agrupamento de Escolas Manuel da Maia (Public school)

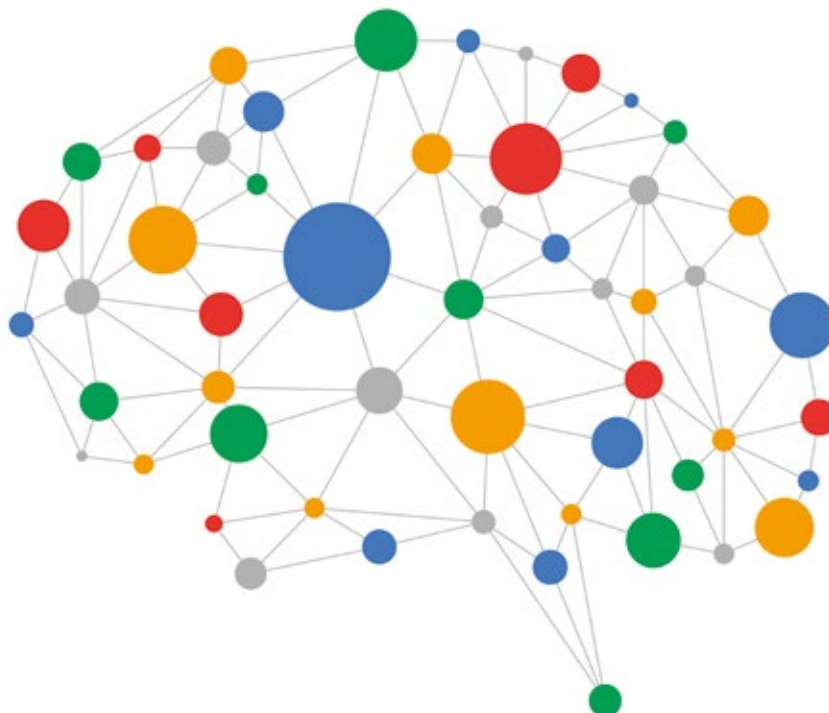
R. Freitas Gazul, n. 6 - 1350-147 Lisbon



The **Agrupamento de Escolas Manuel da Maia** offers high-quality structured courses and activities of job shadowing.

The Manuel Da Maia school complex includes:

- Manuel Da Maia technical school inaugurated in 1962 and attended by 400 students aged between 9 and 18 years.
- Santo Condestável school welcomes children aged between 3 and 11 years and also foreign students from Brazil, China and Eastern countries.
- Fernanda De Castro school welcomes children aged between 3 and 11 years and also the Family Support.
- Vale de Alcântar is located in the Quinta do Loureiro district and is currently closed due to renovation works.



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**Sheraton Lisboa  
Hotel & Spa**  
HOTELLERIE



**NH Collection  
Lisboa Liberdade**  
HOTELLERIE  
<https://www.nh-collection.com/>



**TUI Portugal**  
TOURISM  
<https://pt.tui.com/>



**VINI PORTUGAL**  
WINERY  
<https://www.viniportugal.pt>



**Ressano Garcia  
Arquitectos**  
BUSINESS AND  
MANAGEMENT  
<https://www.ressanogarcia.com>

## TRANSFER



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### FROM-TO

### TRANSFERS' COMPANIES

Airport Lisbon City - City Center

Nuno Kreye (private driver)





Things that you can't miss once in Lisbon...

## Alfama



The Alfama is Lisbon's oldest quarter. Spread over the southeastern slope of the hill crowned by Castelo de São Jorge, the picturesque neighborhood is composed of a maze of narrow streets, winding alleyways, and steep flights of steps.

Its kasbah-like layout is deliberate - this is the city's ancient Arab district, and although there are no Moorish-era houses still standing, the tightly-packed lanes, small archways, and stone-paved terraces are full of atmosphere and great fun to explore. Lisbon's old quarter offers many things to do. Besides the castle, there are several historic 17th-century churches in the vicinity, as well as the city's impressive cathedral. A clutch of excellent museums provide cultural diversion, and Lisbon's biggest flea market is here. Some of the best views in Lisbon are from lofty squares, such as the Miradouro Largo das Portas do Sol - once the entrance gates to the old city.

## Castelo de São Jorge



Arguably one of the most popular tourist attractions in Lisbon, Castelo de São Jorge (St. George's Castle) crowns the hilltop above the city's Baixa (downtown) district.

An Iron Age settlement is believed to have first occupied the strategically important site, but it was the Romans who strengthened the foundations and built a fortress, around 205 BCE. The Moors reinforced the stronghold, but were eventually repelled in 1147 by invading Christian forces led by King Afonso Henriques.

## Museu de Artes Decorativas (Museum of Decorative Arts)



Housed in the 17th-century Palácio Azurara, the Museum of Decorative Arts is also known as the Ricardo do Espírito Santo Silva Foundation after the Portuguese banker whose stunning collection of furniture, paintings, textiles, silver, and ceramics is displayed throughout the mansion.

In 1953, shortly before he died, the financier offered it to the nation, and today, the museum is regarded as one of the finest repositories of 17th- and 18th-century Portuguese, French, and English applied arts in the country. The rich and ornate interior is set over four floors, and visitors are regaled with a magnificent array of artifacts arranged in situ as if the palace was still being lived in.

## Igreja de Santa Engrácia-Panteão Nacional



Immediately identified by its soaring chalk-white dome, the church of Santa Engrácia is one of the most recognizable buildings on the Alfama skyline. Begun in 1682, the building of the church took an astonishing 284 years to complete after the main chapel was variously desecrated, knocked down in a storm, abandoned, and then used as an arsenal and then a factory that produced footwear.

In 1910, the church was classified a National Monument, and six years later chosen as Portugal's National Pantheon. A decision to complete the structure was only made in 1956, and in 1966, the building was finally inaugurated.

## Feira da Ladra



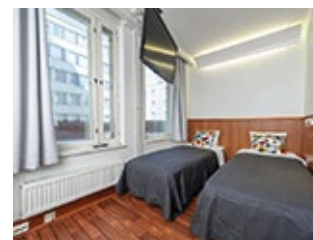
Twice a week, on Tuesday and Saturdays, the area around the Panteão Nacional and São Vicente de Fora is transformed into a colorful and sprawling flea market, the largest in the city. Indeed, Lisbon's "thieves' market" is celebrated for its huge jumble sale of hand-me-down curios, unwanted bric-a-brac, and second-hand cast-offs, all haphazardly arranged round Campo de Santa Clara, a lop-sided square set below the looming dome of the Santa Engrácia church.



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LET US INTRODUCE YOU  
OUR SELECTED PARTNERS IN  
**FINLAND**

## Forenom Aparthotel Tampere City Hämeenkatu 28, 33210 Tampere



Forenom Aparthotel Tampere will provide you a central location and a comfortable place to stay. All rooms in Aparthotel Tampere are well maintained and have a fresh pair of towels and clean bed linen included in the reservation. In addition, basic necessities are included to ensure that you can enjoy some proper rest and relaxation. Your room is furnished with all comforts, such as table, utensils, refrigerator, microwave, coffee maker and electric kettle. Moreover, you will find a beautiful flat-screen TV and private bathroom with a shower. If you would like to get out and see the city, there are numerous restaurants and coffee shops in the area.

### COMFORTS



En-suite bathroom



Refrigerator

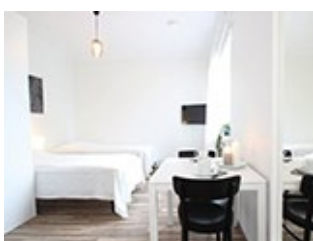


Flat-screen TV



WiFi connection

## Forenom Apartments Jyväskylä Väinönkatu 32, 40100 Jyväskylä



Forenom Apartments Jyväskylä offers apartments in the center of Jyväskylä, close to restaurants, museums and all major transport. All apartments at Forenom Apartments have a fully equipped kitchen with a microwave, fridge and tea and coffee making facilities. Each apartment has a seating area and cable TV.

### COMFORTS



En-suite bathroom



Fully equipped kitchen



Flat-screen TV



Refrigerator



Sauna in the hotel



You can choose from a wide range of restaurants for your stay.

We have at our heart your level of satisfaction and that is why we have kept in mind your tastes. Enjoy your meal in one of our selected restaurants. We have some suggestions for you directly from the chefs.

## Buffet & Café Linkosuo Näsilinnankatu 26, 33200 Tampere



Freshly baked bread, crisp salads, tasty home cooked meals and delicious cakes. Linkosuo's restaurant offers tasty treats and delicious moments in Tampere. It is located in the heart of the city center and the bustle of business area. You can go and stop by for breakfast, lunch or afternoon tea!

## Ravintola Ukkometso Kauppakatu 16, 33210 Tampere



The kitchen of Ukkometso Restaurant offers a tavern of Finnish food using seasonal ingredients. Domestic beers are also visible in the wide selection of Finnish micro brewery beers.

Comfortable and stylish, Ukkometso welcomes you at the evening to enjoy a breath of old time spirit.

The Finnish name "Ukkometso" means Wood grouse cock "Capercaillie".

## Kahvila Miriam's Asemakatu 12, 40200 Jyväskylä



Miriam selects the best ingredients for the realization of its specialties.

Craftsmanship and delicacy are the watchwords for this exclusive coffee in the heart of Jyväskylä.

## RAX PIZZABUFFET Kauppakatu 20, 40100 Jyväskylä



At Rax Pizzabuffet, you feast on delicious food easily and effortlessly. Our buffet includes tasty pizzas, fresh salads, various options for warm dishes as well as cold and hot drinks. Top off your meal with our delicious sundae ice cream! Friends with different tastes and requirements can eat at the same table – our selection includes dozens of tasty options so that everyone can choose their own favourites. Say goodbye to hunger – with your favourites from our selection!

Education is the passport for the future for tomorrow belongs to those who prepare for it today!

**MALCOLM X**

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## Tampere Vocational College Tredu Santalahdentie 10, 33230 Tampere



Tampere Vocational College Tredu is a regional upper secondary level college in the second largest city region in Finland. The City of Tampere is the official education provider under which Tampere Vocational College Tredu operates. Tampere Vocational College Tredu is an active player in international activities. In Tredu, every member of students and staff is offered a possibility to

internationalize themselves through various ways. International atmosphere can be sensed in Tredu campuses through different people and visitors with various backgrounds, thematic happenings and not least by internationally-oriented content in the curricula. Certain vocational qualifications or parts of them can also be studied completely in English.

Tredu vocational college provides about 30 different vocational qualifications in 16 campuses in Pirkanmaa region. As follows there is the list of the ones located in Tampere that are willing to host teachers for job shadowing activities:

- |                                                          |                                                     |                                                 |
|----------------------------------------------------------|-----------------------------------------------------|-------------------------------------------------|
| - Social services and health care                        | - Automotive (mechanics, body repair, car painting) | - Laboratory and process                        |
| - Beauty care (hair dressers)                            | - Machinery and metalwork                           | - Rubber technology                             |
| - Immigrants training                                    | - Electricity                                       | - Media workers                                 |
| - Catering and restaurant                                | - House building                                    | - Print and paper                               |
| - Logistics (truck driver, bus driver, warehouse worker) | - House heating and water technics                  | - Preparatory education for vocational training |

## Edu Cluster Lutakonaukio 7, 40100 Jyväskylä



Edu Cluster Finland (ECF), University of Jyväskylä Group shares Finnish education experience and know-how through dynamic partnerships across the globe.

The EduCluster Finland story starts four decades ago at a time when Finnish education was underperforming. Finland made a strategic decision to innovate and build a high-impact educational system. This extraordinary evolution was achieved by looking outwards to the world for solutions. These solutions were then rooted into real-life education and have grown over time.

Edu Cluster can provide specific school solutions for differing world contexts and helps educators to choose how to develop themselves professionally. To do this they need to know about key trends and innovation which can make a difference. Then Edu Cluster will equip them with practical tools and activities to take back to their school. That's why Edu Cluster develops courses for educators, by educators!

To strengthen professional competence of teachers for implementing customized curriculum and using the latest pedagogical methods and tools in their daily teaching.

### Teachers Training and Shadowing programme

#### Objectives

To strengthen professional competence of teachers for implementing customized curriculum and innovating classes in which students are willing to ask questions and search for answers by themselves in order to cultivate dreams and talents of themselves.

To enforce the process-based evaluation methods for students as the consistency of curriculum-class- assessment through the innovation into students' participating in classes.

To raise awareness and to expand teaching capacity to cope the latest global and information-oriented education market in the 21st century.

#### Contents

**Shadowing 4,5 days** comprise of observing and possible co-teaching during the school days in local High Schools.

**Workshops 4,5 days** includes

- pedagogical content (PhBL, Student centered approach, Entrepreneurial mindset, TEHE ect.) implemented by ECF experts.

**Individual development work 1 day**

- writing evaluation notes and development work, summarizing the observed topics and

#### To whom?

- High School teachers who want to develop their knowledge about the Finnish education



As soon as you land in Berlin we will be there to pick you up! Our tutor will welcome you at the airport and will accompany you to your chosen accommodation thanks to our very reliable range of transfer companies, both private and public:

## FROM-TO

## TRANSFERS' COMPANIES

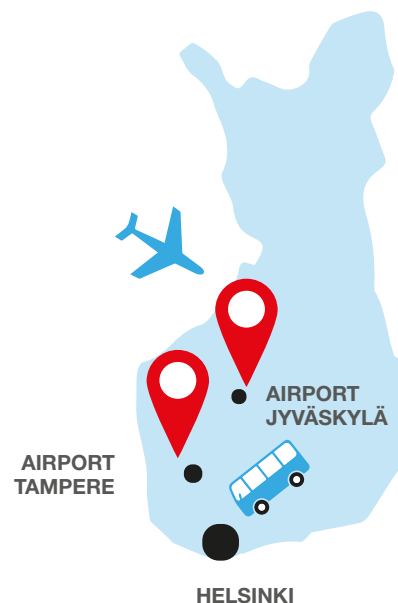
Airport Tampere - City Center

TAMPERE TREDU



Airport Jyväskylä - City Center

EDU CLASTER





Once in Finland, you cannot miss the beauty of the city and its culture. Discover Finland most important landmarks and get your camera at the ready! We selected for you the best routes and attractions from seeing Tampere's Cathedral, the Museokeskus Vapriikki, the Näsinneula, to admiring Jyväskylä beautiful market square.

We will make your experience unforgettable!

## Guided city tour in Tampere by Tredu Vocational College

### Cathedral of Tampere



Our partner will take you to see the beautiful Cathedral of Tampere, which is the evangelical Lutheran cathedral of Tampere.

### Näsinneula



Observation tower facing Näsijärvi Lake. It was built in 1970-1971 and was designed by Pekka Ilveskoski. It is the tallest tower in Finland and the second highest observation tower in the Nordic countries with 168 meters in height.

### Museokeskus Vapriikki



Opened to the public in the fall of 1996, it is located in the Tampa district. The museum center is located in the former factory of Tampella, whose oldest parts were built in the 80s of the nineteenth century. Half of the area of about 14,000 square meters of Vapriikki is reserved for exhibitions and public spaces. The exhibits in the museum include the history of Tampere, natural sciences, art, technology, archaeology and foreign cultures.

## Jyväskylä

Our team has selected some of the best attractions in Finland for you to see. You should definitely take some time to admire the beauty of the city.

### The Alvar Aalto Museum in Jyväskylä



This museum, which is specialised in architecture and design, is located in Jyväskylä. It was founded in 1966 to foster the legacy of the architecture of Alvar Aalto. The museum is located in a building designed by Aalto and completed in 1973.

The museum functions as a centre of information on all things related to Aalto, and it organises exhibitions both in Finland and abroad and produces publications on Alvar Aalto. The museum houses a permanent exhibition on the life work of Alvar Aalto. The current permanent exhibition was opened in 1998, the centennial of Aalto's birth.

### Craft Museum of Finland



Is a museum in Jyväskylä. Like the other national specialist museums in Finland, its task is to promote and guide museum activities and coordinate museum cooperation in the field of crafts. The museum also does also research, documenting and exhibition work within its field. Decision to establish a Craft museum in Finland was made already during the years of autonomic Grand Duchy of Finland: The Senate of Finland budgeted funding for the museum since 1890. The museum operated under different organisations, and in 1933 it was discontinued. The museum restarted in 1982. It moved to its present location in 2000.

During the weekend you can also reach Helsinki that is just 2 hours far from Tampere and 3 from Jyväskylä!!!

## Helsinki

### University of Helsinki

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It is the university of the capital of Finland. It was transferred in 1829 to Helsinki from its original seat in Åbo, where it was founded in 1640 by Christina of Sweden as a royal academy. It is one of the largest multidisciplinary universities in Northern Europe, with over thirty-eight thousand students and a strong orientation to basic research.

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### Kauppatori

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It is the market square of Helsinki. It is, along with the nearby Senate Square, the most famous place in the city. Its special feature is that it faces the Gulf of Finland, particularly on the north side of the southern port of Helsinki. The square opens onto the extension of one of the city's great tree-lined avenues, the Esplanade. In addition, the fountain of Amanda Havis is located. Characteristic are the numerous banquets that sell cooked fish to eat on the spot or seasonal fruits and mushrooms, as well as souvenirs of all kinds.

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### Tempeliaukion kirkko (Tempeliaukio church)

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It is a Lutheran church carved into the rock, an example of rock architecture, and located in the Töölö district of Helsinki, designed by architects Timo and Tuomo Suomalainen and consecrated in 1969.

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### The Ateneum Art Museum

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It's a visual arts museum in Helsinki. Together with the Kiasma Museum and the Sinebrychoff Art Museum, it exhibits the works preserved by the Finnish National Gallery. It is located in the center of the capital Helsinki, in Rautatienatori Square opposite the Central Railway Station. It houses the most important collection of classical art in Finland. Previously the Ateneum building also housed the Finnish Academy of Fine Arts and Universities.

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LET US INTRODUCE YOU  
OUR SELECTED PARTNERS IN  
**SWEDEN**

## Forenom Aparthotel Stockholm South Regulatorbron 8, 141 51 Huddinge



The Forenom Aparthotel is located in the vibrant expanding area of Flemingsberg. It offers a modern interior and fully equipped hotel rooms. They are furnished with a kitchen including a stove, microwave, refrigerator, cooking utensils and cutlery. All rooms have a flat screen TV, electrical kettle and hair dryer. With only three minutes' walk to the train station you have easy access to Arlanda Airport, Stockholm City and Södertälje.

### COMFORTS



En- suite bathroom



Fully equipped kitchen



Flat-screen TV



WiFi connection

## RESTAURANTS

You can choose from a wide range of restaurants for your stay.

We have at our heart your level of satisfaction and that is why we have kept in mind your tastes. Enjoy your meal in one of our selected restaurants. We have some suggestions for you directly from the chefs.

### Restaurant Fossilen 114 18, Frescativägen 38, 114 18 Stockholm



In restaurant Fossilen are served good lunch meals, à la carte, as well as coffee and pastries.

A combination of fresh products, skillful preparation and nice presentation is the foundation of restaurant Fossilen. All meals are meticulously prepared in a healthy way and also inspired by the seasons of the year.

### Caféer, Stockholms Universitet | Restaurang Q, KTH

Catering Stockholm - Universitetsvägen 7B - Stockholms universitet, 106 91 STOCKHOLM



Catering Stockholm is the restaurant chain that manages all university canteens. The University canteen offers a wide range of dishes, freshly cooked and prepared, and with attention paid to quality.

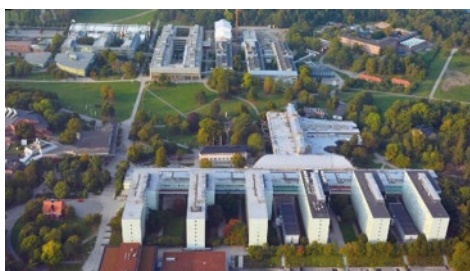
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**MALCOLM X**

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## Stockholms Universitet (CLIL Course and Job Shadowing)

106 91 Stockholm



The **Stockholms universitet** is one of the world's top 100 universities. This University offers high standard structured courses tailored-made on our groups of teachers. One of its best courses is based on CLIL methodology. You will learn that CLIL implies implementing an educational approach in discontinuity with traditional frontal taught lesson, such as learning skills, participatory lessons with a constant interplay among students and teacher, students reflecting on the goals they have achieved from time to time. Therefore, it means putting into practice the educational recommendations aimed to modernize the school system. As follows you can see an example of one of the tailor made programmes created by University of Stockholm for Italian teachers:

Seminar 1: Studying and teaching in Sweden and Italy – 3-minute speeches by participants Education system, School subjects, Teaching and learning, Teacher education. Professional knowledge. Welcome to Stockholm! Guided walking tour in Stockholm with visits to museums. NB! Study tasks for upcoming course weeks are included!
Activities organized by participants themselves
Seminar 2: Studying and teaching in Sweden and Italy – 3-minute speeches by participants Sweden & Swedish society Revision, Information reports, Dialogues
Seminar 3: Genres of schooling, Languages of schooling I Personal recount, Linguistic register, Professional conversation. School subject themes.
Seminar 4: Genres of schooling, Languages of schooling II Analysis of teaching. Teaching practice.
Seminar 5: Teaching and learning through two languages, English and L1 Analysis of teaching. Teaching practice.
Activities organized by participants themselves
Seminar 6: Languages for specific purposes Teaching and learning in the school subjects, Teaching materials, Professional knowledge.
Seminar 7: Mathematics and science Teaching and learning mathematics and science
Seminar 8: Social sciences Teaching and learning in the social sciences.
Seminar 9: Challenge and support Teaching and learning through reading, listening, speaking and writing: an interactive approach.
Seminar 10: CLIL conference, Conclusions Final presentations, Didactic reflection. Final reflective statement.

## TRANSFER

As soon as you land in Lisbon we will be there to pick you up! Our tutor will welcome you at the airport and will accompany you to your chosen accommodation thanks to our very reliable range of transfer companies, both private and public:

### FROM-TO

### TRANSFERS' COMPANIES

Airport - Stockholm

Transfer Stockholm University





Once in Sweden, you cannot miss the beauty of the city of Stockholm and its culture. Discover Stockholm most important landmarks and get your camera at the ready! We will make your experience unforgettable!

## The Vasa Museum



The Vasa is the only preserved seventeenth-century ship in the world and a unique art treasure. More than 95 percent of the ship is original, and it is decorated with hundreds of carved sculptures. The 69 meter-long warship Vasa sank on its maiden voyage in the middle of Stockholm in 1628 and was salvaged 333 years later in 1961. For nearly half a century the ship has been slowly, deliberately and painstakingly restored to a state approaching its original glory. The three masts on the roof outside the specially built museum show the height of the ship's original masts. Today the Vasa Museum is the most visited museum in Scandinavia, with over one million visitors a year. There are ten different exhibitions around the ship to tell about life on board the ship. The film about the Vasa is shown in 13 different languages. In addition, there is a well-stocked shop and a pleasant restaurant. Tours of the museum take place every day. Free admission for children up to 18 years.

## The Royal Palace



Welcome to one of the largest palaces in Europe! The Royal Palace is the official residence of His Majesty the King of Sweden, with over 600 rooms.

The Palace is open to the public and offers no less than five museums. The Palace was largely built during the eighteenth century in the Italian Baroque style, on the spot where the "Tre Kronor" castle burned down in 1697. Visit the reception rooms with splendid interiors from the eighteenth and nineteenth centuries, Rikssalen (the Hall of State) with Queen Kristina's silver throne, and Ordenssalarna (Halls of the Orders of Chivalry). You can also see Gustav III's Museum of Antiquities, the Tre Kronor Museum, and the Treasury.

The Royal Palace also contains the Armory, with royal costumes and armor, as well as coronation carriages and magnificent coaches from the Royal Stable. Make sure not to miss the parade of soldiers and the daily changing of the guard.

## Moderna Museet



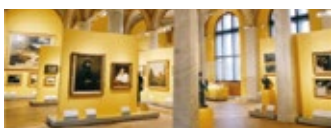
Experience one of Europe's foremost collections of art from the twentieth century to today, featuring works by artists including Picasso, Dali, Derkert, and Matisse. Moderna Museet is located on Skeppsholmen island, a setting of natural beauty. The building was designed by Spanish architect Rafael Moneo. Moderna takes an admission for visiting and temporary exhibitions but entry to the Moderna Museet Collection is admission-free.

## ABBA The Museum



ABBA The Museum is more than just a museum. Sure, the permanent exhibition is chock full of ABBA memorabilia like stage outfits, instruments, gold records, awards, and much more. But it's also an interactive experience that invites you to sing, dance, mix music and try out virtual stage outfits. You can also record your performance and download it from the museum's homepage with the help of your ticket.

## Nationalmuseum



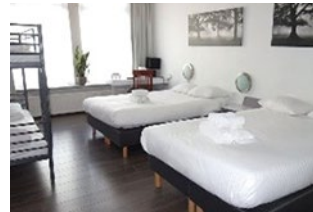
After five years of renovations and modernizations, Nationalmuseum - Sweden's premier museum of art and design - opened up its doors again in 2018. The new space is tailored, quite literally, highlight the museum's enormous collection of classic art. The museum is admission-free except for certain visiting exhibitions.



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LET US INTRODUCE YOU  
OUR SELECTED PARTNERS IN  
**NETHERLANDS**

## Grand Hotel Central Kruiskade 12, Rotterdam, 3012 EHay



The Grand Hotel Central is a hotel in the heart of Rotterdam. The hotel is located in the center of Rotterdam, the perfect location if you want to discover the city. It's the best place to stay for business travelers. The Old Luxor Theater and Corso Casino are located directly next to the Hotel and the most important (shopping) streets (Coolsingel, Lijnbaan, Stadhuisplein) and sights (Markthal, Cube Houses, Erasmusbridge) are within walking distance. The Central Station of Rotterdam is located at 5 minutes walking distance from the hotel.

## OUR RESTAURANTS

You can choose from a wide range of restaurants for your stay.

We have at our heart your level of satisfaction and that is why we have kept in mind your tastes. Enjoy your meal in one of our selected restaurants. We have some suggestions for you directly from the chefs.

### Panzerò Botersloot 50A, 3011 HH Rotterdam



In this corner in Rotterdam, "Panzerò" represents the heart of Italy. Panzerò is specialized in a deep fried calzone pastry filled with various savory or sweet fillings made with quality Italian ingredients that we import directly from our best friends in Puglia. They make the best extra virgin olive oil, great tomatoes, fresh organic mozzarella and the freshest Mediterranean herbs.

### Baek Food & Drinks Blaak 329, 3011 GB Rotterdam



Baek is a beautiful spot to enjoy a meal while chatting with your friends! You will feel the city's spirit with a delicious lunch!



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**MALCOLM X**

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## Browns Academy Coolsingel 104, 3011 AG Rotterdam



Browns Academy offers a variety of general English classes in the daytime, evening and weekend. These classes are taught in open groups that can be arranged either in or outside the academy. Browns Academy evening classes are for everyone. We train business people that need language skills or English for specific purposes and for those to learn some basic survival skills for their vacation. We provide quality training for all students at all levels whatever their motivation.

## TRANSFER

As soon as you land in Netherlands our partners will be there to pick you up! Our partners will welcome you at the airport and will accompany you to your chosen accommodation thanks to our very reliable range of transfer companies, both private and public:

FROM-TO

TRANSFERS' COMPANIES

Airport Rotterdam - City Center

STADSTAXI ROTTERDAM



Once in Netherlands, you cannot miss the beauty of the city and its culture.  
Discover Netherlands most important landmarks and get your camera at the ready!  
We selected for you the best routes and attractions. We will make your experience unforgettable!

### **Piet Blom's Cubic Houses**

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Piet Blom's cubic houses are a bucolic project, a set of buildings that resemble a forest of trees: in fact, the triangular roofs of each house have been designed to represent the top of a tree. There are 38 cubic houses located in the city of Rotterdam and are attached from the corners.

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### **Euromast**

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The Euromast is a panoramic tower in the Dutch city of Rotterdam, built between 1958 and 1960 and enlarged in 1970. At 185/186 metres high, it is the tallest publicly accessible building in the Netherlands.

The name of the tower refers to the fact that the city of Rotterdam is considered the "commercial heart" of Europe.

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### **Erasmusbrug Bridge**

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Erasmusbrug is a famous bridge over the Nieuwe Maas River, built between 1989/1990 and 1996. It connects the historic city center with the new district of Kop van Zuid, an old disused port area that for the number of contemporary works present, signed by internationally renowned architects, has brought to Rotterdam the title of City of Architecture 2007.

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We will be your second home as soon as you arrive in the city, to work, to learn and to enjoy your time here! During the whole period of your mobility abroad, we will support you and provide you with all the services you need for accommodation, language and structured courses, internship research and tutoring and monitoring. You can count on your tutors who will be ready to help you in any occasion from the very beginning, by welcoming you at the airport, introducing you to your hosting company or school and taking you to explore the city. Our team of dedicated and passionate experts will select the most competitive companies and most suitable educational offer for you. We are strongly committed to provide high quality standard and flexible solutions satisfying your needs by exceeding all of your expectations to make you feel at home! Hurry up we are already waiting for you in Sweden!









