



# FORMALTA is a company belonging to FMTS Group, leader in the European Project Management sector.

For the last few years, we have been focusing our activities on the Erasmus+ Programme and its opportunities to promote the Mobility of Individuals. We have implemented a complex system that allows us to plan and manage all the activities related to transnational mobility projects, and to monitor, promote, evaluate and follow-up the learning process abroad, ensuring that each initiative reaches a high impact at local, European and international level. Furthermore, FMTS Group supports the European Commission in the implementation of Pilot initiatives related to Mobility of Apprentices and to the creation of a

VET Mobility Scheme for Africa. Erasmus+ is the EU's Programme that supports Education, Training, Youth and Sport in Europe for a 7-year period (2021-2027). The aim of Erasmus+ is to contribute to the European policies for growth, jobs, social equity and inclusion, as well as to integrate EU's strategic framework for Education and Training. Under the Erasmus+ Programme, the core of our activities is the development of Erasmus accreditation in the fields of vocational education and training, and school education; Strategic Partnership for School Exchanges.



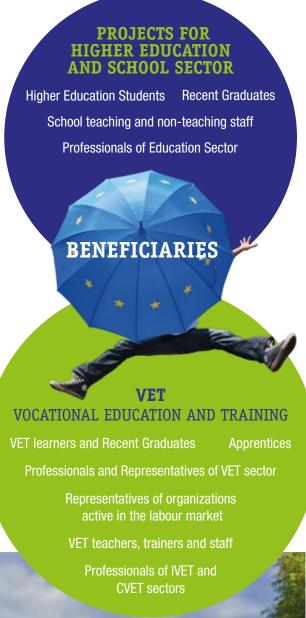




Here at FORMALTA, we specialise in connecting educational, not for profit and commercial organisations with EU funds for educational, vocational and training purposes with particular specialisation of the Erasmus Plus Programme.

As for transnational mobility we are specialised in Outgoing and Incoming European Monility Projects and all the related services. We send and host students, school staff, trainees and apprentices coming from all over Europe for internships from 2 weeks up to 6 months. Mobility projects are comprised of organizations and schools from diverse and thriving sectors, such as: tourism, hospitality, agribusiness, textile and clothing, marketing and communication, ICT, mechanics and robotics, automotive and aerospace, green economy and social innovation. We arrange professional training courses for young people and adults looking to acquire new abilities and competencies to improve their integration in the labour market; our expert mentors will help you and guide you through the process.

Our unique feature is the employment of a non-formal education system (NFE) which is characterised by intense cultural exchanges and creative activities with the main purpose of helping the participants to be successfully integrated in the country and city of destination.









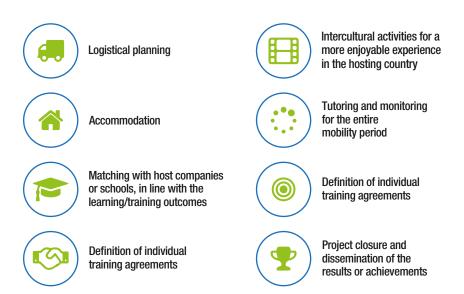
FORMALTA has been working for many years in the learning/training sector; professional orientation; personal research and selection; internships; needs analysis; skills assessments as well as supply and demand matching. FORMALTA is involved in both Outgoing and Incoming mobility projects in Malta.

For the Outgoing Mobility projects, we help organizations and schools to participate in fully funded exchange programmes for education and training purposes.

For the Outgoing Mobility projects, we help organisations and schools to participate in fully funded exchange programmes for education and training purposes. For the Incoming Mobility Projects from other European countries, FORMALTA as the host organisation, receives the trainees for the placement activities, strictly adhering to the principles laid down by the European Quality Charter for Mobility and supports public and private bodies in activities related to:



Once the projects are approved, we support organisations and schools in matters regarding to:



### Our partners

For us everything revolves around you, so we make sure to select the best accommodations for your stay in Malta. You can build your own unique experience by choosing among our high – standard, comfortable and qualified accommodations suitable to satisfy every need.









Among the hundreds of accommodations of our network, we have selected the loveliest places to host you during your internship experience in the best city of all. Feel the city's spirit and join us in this adventure. Choose among our wide range of apartments! We work with the best providers in the city!

Erasmus + long-term VET participants will be accommodated in double and triple rooms. The accommodation are equipped with all the comforts:









🋜 Free WiFi \; 📻 Heating 🏻 📵 Washing machine and dryer 📵 Fully equipped kitchen 🔓 Weekly cleaning of common areas

#### BARONE - Msida Triq Tal-Qroqq, Cuor di Gesù, Flat 6, Msida









This lovely apartment is made up of a spacious living room, a fully equipped kitchen, 2 double bedrooms and one triple bedroom and one bathroom. All our apartments have lovely balconies to enjoy the magical view of the city. The apartment has free wi-fi connection and TV.

#### BARONE - Apartments 24° Victory, Sliema









This apartment is made up of a fully equipped kitchen, one living room, 2 triple rooms and a bathroom. You will be accommodated in one of the triple rooms with the other participants. Moreover, our apartments have lovely balconies to enjoy the magical view of the city. The apartment has free wi-fi connection and TV.

#### BARONE - Wyndhams Apartments Flat 6, Tignè Street, Sliema









This apartment is very spacious and it is deisgned for 10 people. It is made up of 2 bathrooms, one single room, one double, one triple and one quadruple room. There is also a laundry room and a beautiful fully equipped kitchen. All our apartments have lovely balconies to enjoy the magical view of the city. The apartment has free wi-fi connection and TV.





#### BARONE - Islington Court Flat 6, Mensija Street, St Julian's









This apartment has one double room, 2 triple rooms, two bathrooms, a fully equipped kitchen and a beautiful living room. There is also a terrace from where you can enjoy the beautiul city view. All our apartments have free Wi-fi connection and TV.

#### LUKE FARRUGIA - Barnsbury Apartments 28 Flat 3, Naxxar Road, San Gwann









San Gwann is a central residential and commercial village with easy access to the rest of Malta. Here, you can admire the beautiful historical Chapels. The apartment is made up of two double rooms, one triple room, two bathrooms and a fully equipped kitchen with fridge, oven, kitchen utensils, etc. The apartment has free wi-fi connection and TV.

## **LET ME HOST - Gzira** Gzira, Triq 101, Moroni Triq Birkirkara corner Triq Klarissi, San Julian's











This beautiful apart-hotel is 700 metres away from Balluta Bay Beach and 1.7 km from The Point Shopping Centre, LET ME HOST offers air-conditioned spacious accommodation with city views and free Wifi. Each unit comes with a balcony, a fully equipped kitchen with a microwave, a seating area with a sofa, a flat-screen TV, a washing machine and a private bathroom with a shower and a hairdryer. There is a refrigerator, an oven, a stove and a kettle. You will be accommodated in double or triple rooms. All our apartments have lovely balconies to enjoy the magical view of the city. The apartment has free wi-fi connection and TV.

#### MARIELLA FARRUGIA - Swieqi, 236 Flat 5, The Pines, Off Swieqi Road Swieqi









Swieqi is a residential area on the outskirts of St Julians. It is one of the most popular areas for home-stays amongst students visiting Malta to learn English. The apartment is made up of one triple, one bathroom and a fully equipped kitchen. All our apartments have lovely balconies to enjoy the magical view of the city. The apartment has free wi-fi connection and TV.





#### SHARON SULTANA - Birkirkara Sherder Dun Filippu Borg Street, Birkirkara









This lovely apartment is made up of 3 spacious double bedrooms, a fully equipped kitchen, and two bathrooms. All our apartments have lovely balconies to enjoy the magical view of the city. The apartment has free wi-fi connection and TV.

#### JOY APARTMENTS - Gżira 89 Trig Sir William Reid, II-Gżira









Joy Apartments Gzira is located in II-Gżira, less than 1 km from Balluta Bay Beach. It offers air-conditioned accommodation with free Wifi. Each unit comes with a balcony, a fully equipped kitchen with a fridge, a seating area, a flat-screen TV, a washing machine and a private bathroom with a bathtub and a hairdryer. This area of II-Gżira is one of visitors' favourites. All the apartments have wi-fi connection and TV. Erasmus+ short-term VET and PON participants will be accommodated in beautiful apartments in Malta. The accommodation are equipped with all the comforts.

#### LET ME HOST - St Antonin St. Antonin and Sliema, Tower Road











Let me Host apartments are located near Balluta Bay Beach. LET ME HOST's apartments are cute lovely accommodation with a marvellous city view and free Wifi. Each unit comes with a balcony, a fully equipped kitchen with a microwave, a seating area with a sofa, a flat-screen TV, a washing machine and a private bathroom with a shower and a hairdryer. There is a refrigerator, an oven, a stove and a kettle. You will be accommodated in double or triple rooms.

#### MARIELLA FARRUGIA Barnsbury Apartments, 28 Flat 2, Naxxar Road, San Gwann









San Gwann is a central residential and commercial village with easy access to the rest of Malta. Here, you can admire the beautiful historical Chapels. The apartment is made up of two double rooms, one triple room, two bathrooms and a fully equipped kitchen with fridge, oven, kitchen utensils, etc. The apartment has free wi-fi connection and TV.



## **HOTELS AND** STAFF ACCOMMODATIONS



#### Bayview Hotel by ST Hotels 143, Triq Ix Xatt, Sliema











St hotel is ideally located in the Gzira/Sliema area. You'll find everything you need within a 5-minute walk, including shops, restaurants, buses and more.

COMFORTS















**BREAKFAST INCLUDED** 

Self-service breakfast with hot and cold drinks, cereals, muesli, croissants, yogurt, sandwiches, jams and snacks.

#### Napoli Suites Paceville, St. Julian









Napoli Suites is ideally located in Paceville, St Julian, 1 km from Spinola Bay. This facility includes a big terrace and a bar. Balluta Bay is 1.7 km from the property.

All rooms are equipped with a wardrobe and a flat-screen TV. This area of St Julian's is one of visitors' favourites.

**COMFORTS** 



🕘 En- suite bathroom 📵 Flatscreen TV 🕕 Free tea and coffee 🌎 WiFi connection 📵 Daily cleaning









**BREAKFAST INCLUDED** 



## **HOTELS AND** STAFF ACCOMMODATIONS

## **English Language Academy - Accommodations**

151 Triq Edgar Bernard, Il-Gzira











Our partner academy located in Gzira offers accommodation in apartments with 3 bedrooms and 2 bathrooms or 2 bedrooms and 1 bathroom, perfect for your stay here in Malta. These apartments are fully furnished to accommodate the needs of our guests, and all include Wi-fi, washing machines, fans and heaters, and weekly cleaning services. Moreover, we will provide you with a self-catering delicious breakfast.



**COMFORTS** A Bathroom in the apartment Pairdryer SWiFi connection Kitchen





**BREAKFAST INCLUDED** 

Self-catering breakfast that includes tea, milk, instant coffee, jam, rusks and croissants.

#### LET ME HOST - Sliema St. Antonin and Sliema, Tower Road











This beautiful apart-hotel is 700 metres away from Balluta Bay Beach and 1.7 km from The Point Shopping Centre, LET ME HOST offers air-conditioned spacious accommodation with city views and free Wifi. Each unit comes with a balcony, a fully equipped kitchen with a microwave, a seating area with a sofa, a flat-screen TV, a washing machine and a private bathroom with a shower and a hairdryer. There is a refrigerator, an oven, a stove and a kettle.

**COMFORTS** 



Hairdryer



WiFi connection







Air conditioning

**BREAKFAST INCLUDED** 

Self-catering breakfast that includes tea, milk, instant coffee, jam, rusks and croissants.







You can choose from a wide range of restaurants for your stay. We have at our heart your level of satisfaction and that is why we have kept in mind your tastes. Enjoy your meal in one of our selected restaurants. We have some suggestions for you directly from the chefs.

#### The Avenue Trig Gort, San Giljan



The Avenue - Mediterranean food with a heart, in the heart of Paceville, St Julian's.

A warm welcome awaits you, which you can enjoy within a light-hearted, family-friendly environment, and amidst a wide choice of sumptuous, mouth watering range of pasta, meat, pizza, fish, and vegiterian dishes, along with antipasti and soups. The menu also offers a variety of exquisite Mediterranean and House Specialities with a generous selection of local and foreign wines to complement your meal.

#### Al Solito Posto c/o Park Hotel, Trig Graham, Sliema



At "Al Solito Posto" you will taste authentic Italian food, following the traditions – The Italian suppliers deliver freshly ingredients daily, contributing to the good quality standard so much loved from the visitors. You can either have a good Italian pizza or pasta.

#### Marrobbio 117 Triq It-Torri Slema



Marrobbio is a 100% authentic Italian restaurant, where you can sit and enjoy a delicious meal. We ar sure you will love the romantic atmosphere of this restaurant.





#### Fresco Stj 3205, 76 St George's Road, St Julian's



Taste, authenticity, tradition and lifestyle are the distinctive elements of the Fresco's proposal characterized by welcoming and relaxing environments with delicious good meals.







## OUR PARTNERS IN YOUR EDUCATION

Education is the passport for the future for tomorrow belongs to those who prepare for it today!

MALCOLM X

Continuous learning is the process of learning new skills and knowledge on an on-going basis. That is why we offer very specialized and tailor - made structured courses suitable for your professional growth. Here you find a brief preview of the lesson plans created by our partners.

#### English Language Academy 151 Triq Edgar Bernard, II-Gżira



At ELA, the highly trained academic teachers prepare communicative lessons which merge grammar, vocabulary, and pronunciation with activities based on real-life situations and the use of practical language in an open setting. This kind of approach ensures that the learners are given the structure and framework they need to then practise using the language in ways that will prepare them fully for life outside of the classroom. ELA is continuosly adapting as classroom dynamics change, recognising individual as well as collective learning needs, and careful lesson planning accounts for the different learning styles, personalities and knowledge of the foreign learners in the class.

At ELA, you will follow an english course aimed at teachers who would like to improve their communication skills, accuracy and fluency of the English language! This course is perfect if you wish to develop your Listening, Reading, Writing and Speaking skills. An intensive 20h-course will definitely improve your skills!

ELA offers a very detailed course on CLIL, that is Content and Language Integrated Learning. CLIL is a fast, fun, and effective way of teaching English through specific subjects such as science, history, mathematics and more, with dual-focused aims of learning the subject-specific content while also studying the English language.

Moreover, ELA also offers a specific programme for job shadowing activities, during which you will observe foreign teachers' teaching methods. The course is based on the main aspects of CLIL:

- Improved international cooperation and development in education;
- Ability to create materials with CLIL guiding principles;
- Discuss ways of motivating learners in language classrooms;
- Improve English Language skills;
- Explore ways in which learners' achievements can be tested and assessed.

#### ACLASS Academy of English 11, Suffolk Road, Pembroke, Pbk 1901



ACLASS General and Intensive English Courses follow the guidelines set out by the Common European Framework for languages and are designed to give you a solid introduction to the English language. Highly experienced, qualified English teachers and academic staff ensure a communicative approach to language learning, encouraging plenty of speaking during the lessons, pair-work and group work activities. Lessons focus on the four key skills; Speaking, Listening, Reading and Writing as well as specific vocabulary building activities appropriate for your level.

Teachers are well equipped to ensure that you learn at an appropriate pace and level.

Aclass has a wonderful school environment, bright airy classrooms with interactive whiteboards, private grounds and highly trained academic staff.

Aclass offers specific courses based on your needs, such as Business English and CLIL.

#### **Teacher Training Courses CLIL Methodology**

This training course covers language and cultural preparation, classroom observations, microteaching of peers with the use of innovative teaching methods and approaches;

- Increased knowledge of methodology and a framework for planning CLIL lessons;
- Review practical, useful and memorable techniques for practical classroom application;
- Deeper understanding of CLIL and its implications for teachers and learners.



## OUR SCHOOLS FOR JOB SHADOWING

The core of the Erasmus+ staff projects is that you are able to learn from foreign cultures and teachers. Job shadowing is a useful way to learn new and innovative methods of teaching through a continuous comparison your foreign colleagues. These are the schools which are enthusiastic to have you there by their sides.





#### English Language Academy151 Triq Edgar Bernard, II-Gżira



Our partner, the English Language Academy, offers a specific programme for job shadowing activities, during which you will observe foreign teachers' teaching methods. You will be able to witness teachers in their own classroom and students. This experience is one of the greatest means of reciprocal learning and exchange of methodologies and content.



### **OUR COMPANIES**

We can count on a wide range of companies providing internships lasting from 2 to 6 months in different sectors, such as: Tourism, Hospitality, Food and wine sector, Agri – business, IT, Mechanics, Electronics, Chemistry, Administration Finance and Marketing, Fashion, Health and care sector, Associations and so on. Our team of experts will find the most suitable traineeship for you in line with your professional profile.

FORMALTA has more than 300 associated companies which are ready to host you for the best work experience you can have in Malta.









Hotel Hilton
TOURISM AND HOSPITALITY
https://www3.hilton.com



Kitchen Concepts
FOOD AND WINE
https://www.kitchenconcepts.com.mt





**Lord Chambray**AGRI-BUSINESS
http://www.lord-chambray.com



SOS MALTA
ASSOCIATION
http://www.sosmalta.org/

## **TRANSFER**



As soon as you land in Malta we will be there to pick you up! Our tutor will welcome you at the airport and will accompany you to your chosen accommodation thanks to our very reliable range of transfer companies, both private and public:

FROM-TO

TRANSFERS' COMPANIES

AIRPORT MALTA





## **CULTURAL ROUTES**





#### NORTH HOP ON HOP OFF TOUR

See Malta's Northern Area from the Top Deck of our Open Buses.

Your tour takes you around Malta's Panoramic North. You have the chance to stop in all the famous landmarks of our beautiful island.

Malta Sightseeing Tour is a safe and relaxed way to experience the lovely island of Malta and is the perfect introduction and a fun day out for all. The tour will take you to:

San Anton Gardens
Ta'Qali Crafts Village
Roman Villa
Mgarr Church
Golden Bay
Bugibba Square
Malta National Aquarium
Splash & Fun Park
St. George's Bay
Spinola

#### SOUTH HOP ON HOP OFF TOUR

The tour bus is perfect to see the famous landmarks of the Soutch and to reveal Malta's colourful history. The tour offers you an audio commentary in 16 different languages.

The tour takes around 3 Hours but you can hop on and off at the following places:

Mediterranean Conference Centre
Malta Experience Show
Valletta Waterfront
Vittoriosa Waterfront
Zejtun Parish Church
Zejtun St. Gregory's Church
Marsaxlokk Fishing Village & Market
Ghar Dalam Cave & Museum
Blue Grotto
Hagar Qim & Mnajdra Temples



## MONITORING AND TUTORING



We will be your second home as soon as you arrive in the city, to work, to learn and to enjoy your time here! During the whole period of your mobility abroad, we will support you and provide you with all the services you need for accommodation, language and structured courses, internship research and tutoring and monitoring. You can count on your tutors who will be ready to help you in any occasion from the very beginning, by welcoming you at the airport, introducing you to your hosting company or school and taking you to explore the city. Our team of dedicated and passionate experts will select the most competitive companies and most suitable educational offer for you. We are strongly committed to provide high quality standard and flexible solutions satisfying your needs by exceeding all of your expectations to make you feel at home! Hurry up we are already waiting for you in Malta!





ForMalta Limited

121, G. Agius Muscat Street - 3400 ZBR, Zabbar MALTA

FORMAMENTIS srl head office 00187 roma — via barberini, 67 | administrative headquarters 84098 pontecagnano faiano.sa — via leonardo da vinci, 17 A other locations napoli | avellino | tito.pz | locri.rc | cosenza | bari | grottaglie.ta | catania | ancona | milano | bologna international offices | london.united kingdom | dublin.ireland | brussels.belgium | valencia.spain | tarscen.malta | marseille.france www.fmtsgroup.it | formamentis@arubapec.it