



# FLEX

**Flexible Learning  
and Experience Centre**

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**SEND Programme for Adults 2020/21**  
(Special Educational Needs and Disabilities)

**Our offer for adults has been developed as a progression route for our students with Special Educational Needs and Disabilities and without an Education, Health and Care Plan (EHCP) in place.**

**The aim of this communication and practical sensory programme is to support students to develop the confidence, knowledge, skills and behaviours to participate in a range of community action projects and work-related activities.**



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**Each project-based programme, led and developed by our experienced team, will be delivered in small groups over 10 weeks culminating in the completion of a project at the end of this period. Each student's experience will be tailored to meet their interests, vocational aspirations and support needs.**

#### **Project-led Adult Learning Pathway**

The carousel of non-educational pathway projects and tasters are designed to provide an opportunity for our students to engage in practical everyday experiences and work-related activities, and benefit from community-based learning projects as an alternative to an educational pathway.

#### **Tuition and Support**

Specialist SEND tutors and support staff will lead the projects each term. Should a student's needs exceed this offer then consultation will be required on an individual basis.

If a student already has a personal assistant or support through another source they can support them in college subject to the necessary checks in line with the College's safeguarding procedures.

With a duration of six hours the day will consist of a daily welcome and greeting. Tutors will outline and revisit the day's objectives, ensuring health and safety regulations are followed and students' needs are met. The day will end with a summary of the learning that has taken place.

#### **Skills Development**

A variety of wider key and life skills will be developed through accessing our range of themed projects including:

- IT Skills including E-Safety
- Problem Solving
- Confidence Building
- Teamwork e.g. Working in Groups in Sessions
- Creating and Maintaining Relationships/ Friendships
- Working Within Boundaries
- Communication Skills
- Time Management
- Money Skills/Budgeting
- Independent Living Skills
- Behaviour/Emotion Management
- Personal Safety
- Health and Wellbeing

#### **What are the Days of Attendance?**

Sessions will follow the College's academic calendar; 36 weeks from mid-September until the end of June - subject to COVID-19 guidelines and restrictions permitting face-to-face delivery - with breaks for half terms and holiday periods. The provision is based on one day's attendance at the campus of your choice.

#### **How many Sessions Could Someone Access?**

An individual can access as many or as few sessions as they desire. They will enrol for one term (approximately 10 or 12 weeks) and attend a set day for that period. Themed projects will be rotated on a termly basis.

#### **Transport To and From College**

Students, their parents or carers will be expected to make their own way to and from College. Any planned travel required to access project-based activities between College sites or to external venues during the day will be provided by the College.

#### **Lunch and Refreshments**

There are dining and refreshment facilities available at each of our College sites as well as access to free water fountains. Students can be supported at lunch and break times by our SEND support specialists if required.

#### **Fees**

This provision does not attract public funding and therefore the costs of the provision will need to be met in full. Each session will cost £100 per day. Attendance will be for 6 hours, for one day per day and consist of 5 hours tuition and support with specialist tutors and assistants and would include any escort requirements to and from transport through negotiation.



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## Rotherham College

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**Day of Attendance:** Wednesday or Thursday\*

**Time:** 10.00am to 4.00pm

### Term 1: Creativity

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**Projects:** Performing Arts, Arts and Crafts and Enterprise

Our creativity themed projects will develop confidence and communication skills. Our art therapy and performance projects will encourage students to express themselves in alternative ways other than speech. The arts and crafts project will also develop budgeting and enterprise skills as the end of term objective is for students to plan and staff a craft stall where they will showcase and sell the goods made throughout the term.

### Term 3: Your Community

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**Projects:** Outdoor Pursuits: Forest School, Small Animal Care, Orienteering

'Your Community' will concentrate on appropriate behaviour when out and about including travel training. We will focus on how we should care for the environment and care for others involving undertaking trips to access the facilities at Graves Park and the animal care facilities at Dearne Valley College. Skills building will also include personal budgeting.

\*Days may be subject to change and will run subject to suitability and minimum class numbers being met

### Term 2: Healthy Lifestyles

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**Projects:** Allotment Gardening and Home Cooking

Our healthy lifestyles projects will look at where food comes from and will involve some work-related activity on our allotment. Students will also cook and sample what they have grown and harvested from the allotment; allowing them to develop independent skills in the kitchen.

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## North Notts College

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**Day of Attendance:** Friday\*

**Time:** 10.00am to 4.00pm

### Term 1: Creativity

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**Projects:** Social Enterprise, Arts and Crafts

Our creativity themed projects will develop confidence and communication skills. The arts and crafts project will also develop budgeting, shopping and enterprise skills as the end of term objective is for students to plan and staff a craft stall where they will showcase and sell the goods made throughout the term.

### Term 3: Social Action and Health & Wellbeing

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**Projects:** Allotment Gardening and Home Cooking

Our students will be given the opportunity to work alongside construction and horticulture students at Thoresby Hall on a variety of activities for our Thoresby Garden Walled Garden Project. Students will look at understanding where food comes from, allow for some work-related activity (working on the allotment) and also cooking and sampling what they have grown or harvested from the allotment allowing them to develop independence skills around the kitchen as well as promoting healthy eating.

### Term 2: Home Life Skills and DIY

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**Projects:** DIY, Upcycling and Textiles

Working together in teams our upcycling, home renovation and outdoor space projects will develop confidence, communication and teamwork skills whilst building relationships and forging friendships.

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## Dearne Valley College

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**Day of Attendance:** Tuesday\*

**Time:** 10.00am to 4.00pm

### Term 1: Creativity

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**Projects:** Social Enterprise, Arts and Crafts, Information Technology and Gaming

Our creativity themed projects will develop confidence and communication skills. The arts and crafts project will also develop budgeting and enterprise skills as the end of term objective is for students to plan and staff the College's retail cabin where they will showcase and sell the goods made throughout the term. Gaming based projects will develop IT and online safety skills and problem-solving.

### Term 3: Social Action and Health & Wellbeing

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**Projects:** Outdoor Sporting Activities, Media Studies, Art and Drama

Our art therapy and performance projects will encourage students to express themselves in alternative ways other than speech. Working together will promote teamwork skills, creating and maintaining relationships and friendships and working within boundaries.

### Term 2: Home Life Skills and DIY

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**Projects:** Shop, Cook and Eat, Cafe, DIY, Upcycling and Decorating

Our project around home life skills will look at understanding where food comes from, allow for some work-related activity and also cooking and sampling what the students have shopped and bought allowing them to develop independent skills around the kitchen.

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# We look forward to seeing you for our future projects!

## Themed Projects on offer for 2021/22 will include:

- Self Advocacy (Finding your Voice)
- Forestry School
- Horticulture and Gardening
- Recycling
- Woodwork/DIY
- Animal Therapy
- Logic Games
- Personal and Professional Presentation
- Excursions
- Outdoor Performance and Sports
- Arts and Craft Therapy
- Enterprise Stalls



**If you'd like more information  
about our FLEX programmes  
for adults or the range of  
support available for our  
students with SEND/High  
Needs please contact:**

**Tanya Gerstmar**

Head of SEND and High Needs  
01709 513333 Ext 1021  
tgerstmar@rnngroup.ac.uk

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**Stephanie Seymour**

Curriculum Team Leader  
Rotherham College  
01709 722888  
sseymour@rnngroup.ac.uk

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**Nicola Riley**

Curriculum Team Leader  
North Notts College  
01909 504560  
nriley@rnngroup.ac.uk

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**Amanda Harston-Southern**

Curriculum Team Leader  
Dearne Valley College  
01709 513333 Ext 1256  
ahsouthern@rnngroup.ac.uk

**Rotherham** College  
**North Notts** College  
**Dearne Valley** College

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